

# DAG News

Newsletter of Whitby, Scarborough  
& Ryedale Disability Action Group



ISSUE 243

December 2018 & January 2019

This Newsletter is available by e-mail (PDF), and in large print.

An audio cassette version is available on request.

Firstly, I would like to thank everyone who attended our **AGM**.

Our guest speaker was Peter Richardson from Wetwheels Yorkshire and it was fascinating hearing some inspirational examples of how the project has had such a positive impact on the lives of disabled people.

Following on from the AGM, our new staff held “**Meet & Greet**” sessions in Whitby, Hinderwell and Staithes, to introduce themselves to members, and our “**Altogether DAG**” **Creative Arts project** has launched.

Looking ahead, we are hopeful that 2019 will see DAG continue to develop, to thrive, and to support disabled people through all our various services and activities.

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As we approach the end of 2018, I can say that the office certainly has a different feel to when I joined DAG in August 2017, with renewed energy and a greater sense of optimism, helped in no small way by our new staff, Lynne Lawson, Neil Daniel and Mary Harland. It feels good to be able to end the year on a positive note, as DAG has experienced some extremely difficult times on the way.

## **What will 2019 hold and what are the challenges?**

DAG is now in a much more stable financial situation, thanks to our funding through BIG Lottery and the People's Health Trust. However, the challenge to bring in additional funding remains as does the need to recruit more volunteers to help run our services.

A few years ago, DAG was very fortunate to have so many active volunteers covering a variety of different roles but more recently, finding people who have a few hours a week to help has become more far more difficult and challenging. I would like to take this opportunity to thank our volunteers and also to encourage all of you to get the word out to friends, family, and neighbours that they too could be involved in helping DAG in this way.

2019 will see DAG holding weekly creative arts sessions, more regular members activities and trips, and we are looking to develop additional opportunities for you to take part in the things you want to do.

Although none of us really knows what lies around the corner, but within DAG, I feel we can look forward with more confidence and optimism as we seek to build upon our successes of the past twelve months and that 2019 will see DAG continue to develop, to thrive, and to support disabled people through all our various services.

On behalf of everyone at Whitby, Scarborough & Ryedale Disability Action Group I would like to wish you all a **Merry Christmas** and a **Happy New Year.** Ian

# ANNUAL GENERAL MEETING

## Annual General Meeting

Our 2018 AGM was held on **20th November 2018** and was attended by 19 DAG members, Trustees and staff.

The minutes from the AGM in 2017 were approved, as were our annual accounts for 2017-18. The meeting also agreed to appoint Philip Burley & Co as our accountants for 2018-19.

The Trustees were elected by postal ballot. The results were announced at the meeting:- Barbara Booth, Susan Harty, Mike Hutchinson, Jacqui Jobling, Sally Williams and Hilda Wray were all re-elected.



## Creative Arts Project update

Hi there, by the time you read this our introductory sessions will be underway and hopefully I will already have met some of you. I am so excited to be getting started on the project.

There are three more taster sessions in each venue before the holidays:-

**Whitby**, Church House – **Mondays** - 3<sup>rd</sup> December  
10<sup>th</sup> December & 17<sup>th</sup> December **2 - 4PM**

**Staites** Village Hall – **Thursdays** - 29<sup>th</sup> November  
6<sup>th</sup> December & 20<sup>th</sup> December **2 - 4PM**

**Hinderwell** Village Hall – **Fridays** - 30<sup>th</sup> November  
7<sup>th</sup> December & 14<sup>th</sup> December **2 - 4PM**

The sessions will be :-

Crafts

Christmas cards/decorations

Panto Fun



This is just a starting point so we can have some fun and get to know each other a bit better and we can start to chat about where you want the project to go.

In the New Year we'll work together to explore anything creative, so if you can't attend the sessions contact me with your ideas.



I'm in the DAG office on Monday, Thursday and Friday mornings.

Also I'd be really interested in what creative skills you have to share with the groups.

Are you or someone you know a keen photographer, artist, film maker, dressmaker, quilter, potter etc. etc. Let's work together to make this YOUR project, let's share, learn and have fun.

[lynne@whitbydag.org.uk](mailto:lynne@whitbydag.org.uk)

01947 821001 or 07421471079

money raised by  
healthLevel  
through



## Christmas/ New Year

The DAG Office/ Mobility equipment hire closes for Christmas and New Year at 4.30pm, **Friday 21<sup>st</sup> December 2018.**

We will re-open at 9am, **Thursday 3<sup>rd</sup> January 2019.**



**Pre booked only** - Wheelchair/ scooter hire available during this period. Collections/returns at agreed times/ dates **ONLY** (not Sundays/ Bank/ Public Holidays)

## Yorkshire Coast and Ryedale Disability Forum

This is a local disability forum which gives the chance to have a voice and a say on what life is like for disabled people, to have your views represented on what is and what isn't working well for disabled people locally.

The forum liaises with local service providers to help them make their services more accessible for disabled people.

Through the forum, disabled people have the opportunity to have access to decision makers and to make a difference for local disabled people.

**You do not have to be a regular member of a disability forum to raise issues. This can be done via e-mail or post; it does not necessarily involve attending a meeting.**

Please get in touch if you would like more information, including meeting dates and venues.

Bridget Hardy  
Administrator  
Yorkshire Coast and Ryedale Disability Forum  
C/o The Inclusion Zone  
5 Somerset Terrace  
Scarborough  
YO11 2PA  
Email: [bridget.hardy@ycrdf.org.uk](mailto:bridget.hardy@ycrdf.org.uk)

## 999 calls

How to contact police when you can't speak.

In an Emergency:

999

It is a situation nobody wants to find themselves in, but if you are ever in danger and cannot speak to phone the police, it is still possible to summon help.

Calling 999 and **coughing or tapping in 55 on the keypad** will signal to the call operator that you are in danger allowing them to send officers to your location.

However, if they don't hear anything, the operator will simply hang up.

The advice comes as a report into a woman's murder said the "urban myth" that silent 999 calls will bring help must be debunked.

## Whitby Trust for the Blind

Funds are available to provide benefits and assistance to blind and partially sighted persons resident in Whitby and the surrounding villages, formerly part of the area covered by the Whitby Rural District Council.

Enquiries from eligible persons should be made in the first instance to **Mr Colin Eastwood at Yorkshire Coast Sight Support on 01723 354417.**

# Caring Together

Whitby & District

## **RURAL COMMUNITY/ FARMERS BREAKFAST**



**Lythe Village Hall  
Wednesday  
10.15am – 12.00 noon**

**A social morning of conversation,  
memories and a bacon buttie**

**9<sup>th</sup> January – Alan Metcalf – a Country Man’s Life**

**6<sup>th</sup> February – North Yorkshire Moors Game Keeper**

**6<sup>th</sup> March - Bryan Cross - Quit While You are A Head**

**Donations of about £3.50 would be appreciated**

**How to Book:** Call Rural Activities Coordinator Isabelle Harrison, 07811 638504, 01947 605757

email: [activities@ryedalecarers.org.uk](mailto:activities@ryedalecarers.org.uk)

**Free door to door transport will be provided when possible**

***Caring Together Whitby & District***  
**Funded by the Sirius Foundation**



## Whitby & District Community Transport Local Shopping

[www.wdctwhitby.org](http://www.wdctwhitby.org)



We are now able to offer transport for local shopping trips in and around the Whitby area.

If you would like to book a lift on our vehicle to take you in to town and home again or to another local destination such as Sainsbury's or Lidl please get in touch with us on **01947 602982** or email **info@wdctwhitby.org**

You will need to be flexible with the times you would like to go but we will try and accommodate your requested time and day if possible. As usual the service we provide will be door to door.

Please note that unfortunately our driver cannot accompany you round the shops. The service we are providing is just for the transportation to and from your destination.

### SMALL ADS

#### **Diana Richardson: Cleaning Service & Mobile Hairdresser (City & Guilds)**

Cleaning, Ironing, Shopping. Ladies, Gents & Children's hairdressing. Whitby and District.

Reasonable rates.

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## The Whitby Cardiac Support Group

Meets every third Wednesday of the month.

For details Tel **01947 601547**

**Sleights Café Activity Group** on the third Tuesday every month' 10.30am - 12.30pm  
For full details and information about events in Scarborough, Filey, North and Malton **contact 01723 500958.**



**Carers Information and Support Programme (CrISP)**  
**Are you a carer or family member of a person with dementia?** Do you want to attend a **FREE 4 week course** by Alzheimer's Society to find out more? If so give us a ring. **Booking is essential. Tel: 01723 500958**



**Rural Community Breakfasts** on the **first Wednesday of the month**, at **Lythe Village Hall**

**Goathland get togethers** At the **Mallyan Spout Hotel, Goathland** on the **second Thursday** of every month, **10.30am-12.30pm. £4** to include tea/coffee and cake.



**Songs and Scones:** A social afternoon of music, conversation and cake at **Ayton Village Hall, East Ayton**, the **last Thursday** of every month, **1.15pm - 4pm**

For information about the above events, contact **Isabelle Harrison**, on **01947 605757**



**allcare**  
 .co.uk

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We collect your list, deliver **your shopping** with your itemised till receipt. We can also unpack and put your shopping away for you. Contact **Paul** on: **01947 604839**.

**Your laundry** will be collected from your home, washed, dried and even ironed. Contact **Eileen** on: **01947 606104**.



**The Computer Centre**  
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Visit: Unit G1B St Hilda's Business Centre, The Ropery

**T: (01947) 605859**

- Have you changed your address?
- Would you like your details to be added to/ removed from our newsletter mailing list?
- Do you have any articles, stories, items wanted/ for sale or information you would like to be included in our newsletter?



**Send the details to the DAG office by the 20th of each month.**

**DON'T FORGET - you can get a PDF version of your newsletter by e-mail. It gets to you more quickly and saves on paper, printing & postage costs for us!**



Make your donations to DAG go further.  
Support us through:

- **Gift Aid (if you are a UK Taxpayer)**
- **Give as You Live**
- **Leaving a Financial Gift in your Will**

**Contact the DAG office for details.**

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