



## Volunteer as a **Dementia Friends Champion**

Dementia Friends Champions are trained volunteers who encourage people to learn a little bit more about dementia. Champions run Information Sessions in their community and inspire others to help those living with dementia live well.

A Dementia Friends Champion is a volunteer who encourages others to make a positive difference to people living with dementia in their community. They do this by giving them information about the personal impact of dementia, and what they can do to help.

It's easy to get involved. Dementia Friends Champions will attend an induction receive support when they need it, and be part of over 10,500 volunteer Dementia Friends Champions creating dementia friendly communities together.

**Dementia Friends Champion Induction**

**Tuesday 21<sup>st</sup> August 2018**

10.00 – 16.00

Normanby Room, Whitby Museum YO21 1RE

Register for Induction at <https://www.dementiafriends.org.uk/>

Promoted by Whitby Dementia Action: whitbydaa@outlook.com



## **Dementia Friends Information Session**

Dementia Friends Information Sessions are run by volunteer Dementia Friends Champions, who are trained and supported by Alzheimer's Society.

A Dementia Friend learns a little bit more about what it's like to live with dementia and then turns that understanding into action - anyone of any age can be a Dementia Friend. People aged under 18 must be accompanied by an adult aged 18 or over.

Each Information Session lasts around **one hour**. You will learn more about dementia and how you can help to create dementia friendly communities.

**This Dementia Friends session is suitable for participants wishing to then attend Dementia Champions Induction on Tuesday 21<sup>st</sup> August at Whitby Museum.**

**Dementia Friends Information Session**

**Tuesday 14<sup>th</sup> August at 11 am – 12 noon**

Kirkham Close Community Centre, Whitby YO21 1JR

Please book in advance [whitbydaa@outlook.com](mailto:whitbydaa@outlook.com)

or c/o Trinity Centre 01947 601548

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