

# DAG News

Newsletter of Whitby, Scarborough  
& Ryedale Disability Action Group



ISSUE 227

May 2017

This Newsletter  
is available  
by e-mail  
(PDF),  
and in large  
print.

An audio  
cassette  
version is  
available on  
request.

First of all it's 'Goodbye & Thank You' to Roger Cohen as he formally retired from his role as a Volunteer Bus Driver with DAG in April. Thank you, Roger, for everything you have done for DAG. You will be missed on the trips, but it will be good to still have you involved as a Trustee.

Roger's retirement means that we only have one driver at present; Roger Needham. So, yet again the call goes out to potential volunteers. We really do need to hear from you if you can drive our Minibus or be a Passenger Assistant on the popular trips for Members. We also need people to help deliver our Mobility Equipment Hire Service at Whitby Library.

As I said, last month, volunteers are key to the survival of DAG. Please contact Judith at the DAG office if you can help.

Whitby, Scarborough & Ryedale DAG  
Church House Centre, Flowergate, WHITBY, YO21 3BA  
T: 01947 821001 E: [info@whitbydag.org.uk](mailto:info@whitbydag.org.uk)  
W: [www.whitbydag.org.uk](http://www.whitbydag.org.uk)



Reg. Charity No: 1131037  
Patron: The Marquis of Normanby

Company Reg: No: 6956837

Talking of our trips, we know that these are very popular with some of our Members and they attract a loyal following. However, we wonder what other activities Members of DAG would like to see offered?

We currently have about 130 Members, and about 25-30 are involved in the activities we organise, particularly the trips. That leaves around 100 Members who – by paying their subscriptions – clearly want to be part of DAG but with whom we have very little contact. This is *your* chance to tell us if there are other activities or project you would like to see DAG put on and in which you would participate.

We have offered 'Befriending through Sport' and 'Befriending through the Arts' (The Embroidered Tablecloth), but most of the people involved in those projects are not Members. So please let us know by telephone, email, by calling into the office, or even by writing to us. We are a Membership organisation and are here to serve our Members, and we look forward to hearing from you with your ideas.

Finally, some good news from an unexpected source. We had anticipated that because of funding cuts to local government we would lose the funding from Scarborough Borough Council which goes towards our Welfare Benefits Advice service. Imagine our surprise when we were told that we would continue to receive the funding, albeit on a gradually reducing rate, for the next 3 years. It's not often we can say 'thank you' to the Borough Council, but this is certainly one of those times, and the continuation of funding is much appreciated.

Until the next time.

**Richard**

## DAG Updates

The DAG office will be closed on:-

- **Monday 1st May 2017** for the **May Day Bank Holiday** and on
  - **Monday 29th May 2017** for the **Spring Bank Holiday**.
- .....

## Help People Get Going

After Easter and in the Summer season we want to provide a Saturday scooter/ wheelchair collection and return service at our store at the Library, for **pre-booked customers**.

We will have a rota of staff and volunteers—we ask for a volunteer commitment of one Saturday per month.



Contact Judith at the DAG office or Vicky at our desk at Whitby Library (Tuesdays and Thursdays) if you would like to join the team.



**Sleights Activity Group** - third Tuesday every month' 10.30am-12.30pm; **Whitby Practice Dementia Clinic** - first and third Tuesday of every month, 1pm-4pm

**Scarborough Singing for the Brain** - every Wednesday, 1.30pm-3pm; **Scarborough Activity Group** - second Monday of every month, 2pm-4pm

**Filey Activity Group** - last Tuesday of every month, 2pm-4pm; **Filey Practice Dementia Clinic** - second and fourth Thursday of every month 10am-1pm

**Ryedale Singing for the Brain** - first and third Thursdays of every month, 1.30pm-3pm

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## **Dementia Awareness Week - 14-20 May 2017**

### **“United Against Dementia”**

This Dementia Awareness Week will be bigger and bolder than ever before as we ask people to come together and **Unite Against Dementia** – making sure dementia becomes impossible to ignore. **We will be out and about around Scarborough, Whitby and Ryedale** with information for anyone with questions about dementia. Also watch out for our national TV campaign!

**You can also get involved by:** Becoming a Dementia Friend; Promoting Dementia Awareness Week at work; Make your workplace more Dementia Friendly; Become a volunteer; Fundraising to support the Alzheimer's Society.

For more information on what you can do to support **Dementia Awareness Week** call us on **01723 500958**.



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**See for Yourself on Wednesday 10th May 2017  
10am – 3pm at Yorkshire Coast Sight Support**

**181-183 Dean Road Scarborough YO12 7JH  
To book your Demo Tel: 01723 354 417**

**WWW.ORMCAM.COM**

**0800 358 5323**



## New Group to help Disabled People and Carers



The North Yorkshire Centre for Independent Living (NYCIL) is inviting disabled people and carers to come and join their Direct Payment Peer Support Group.



**Bridget Hardy, Project Support Officer** said *“The group is for people who wish to share their experiences of living independently, discussing the successes and problems of receiving direct payments. It is also for people who require information about how to obtain funding to live at home.*

*This group will give disabled people, carers and professionals an opportunity to share first hand experiences, gain information, discuss concerns and resolve issues together in a safe and friendly environment.”*

There have been several events in Malton, Scarborough and Whitby, with guest speakers covering subjects such as Art Therapy, Shopmobility and Inclusive Sport.

The next Whitby meeting will be at **Whitby Library, Tuesday 2nd May 2017, 10.30am**. For more information e-mail **Bridget** on [bridget@nycil.org.uk](mailto:bridget@nycil.org.uk); Tel: **01723 588002**



Hambleton, Richmondshire  
and Whitby  
Clinical Commissioning Group

## Returning Aids, Equipment and Wheelchairs

If you or a family member no longer need the personal care and mobility **aids and equipment** that you were loaned through your doctor, hospital or OT, then call **Medequip** on **01423 226240**, who will arrange to collect the item(s).

To return **wheelchairs**, you should contact **NRS Healthcare** on **01904 654052**.



The **Whitby Cardiac Support Group** meets every third Wednesday of the month.

For details, **Tel 01947 601547**

## Whitby Civic Society

**15th May 2017**

**'Life in the Lifeguards' by Keith Goodchild.**

Keith talks about his 21 years serving in the Household Cavalry. His memories of Royal Weddings, Ceremonial Duties and Horses of the Mounted Division flavoured with soldiering on active service abroad.

The lectures are all on the third Monday of the month at the Coliseum. **The lectures begin at 7:15pm.**



Motability

## A Guide to Car Boot Space By Tim Barnes-Clay, Motability

Everyone has different needs for their boot space, whether that's transporting shopping and holiday luggage or a wheelchair, or mobility scooter, or installing a hoist. Working out how much boot space you need is vital, **and** trying it out for yourself is the only way to make sure the vehicle you're ordering is right for you.



- **Look at the different types of cars available.** The shape of the boot space is as important as the capacity. Does the car have a sloping tailgate? Is there room for a hoist?

- **Get expert advice** - Speak to the Motability Scheme specialist about your requirements and they can advise you about suitable options.

- **Make the most of a test drive** - Even if you are not going to be driving yourself, you need to make sure the car is comfortable and suits your needs.

- **Take your time** - There are lots of things to consider when choosing a new vehicle. Think about the types of cars that would be most suitable for your lifestyle.

- **Always bring your mobility equipment along with you when looking at and testing vehicles.**

The full version of this article is available on  
**[www.motability.co.uk](http://www.motability.co.uk)**

## Di's Mobile Hairdressing

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**Mob: 07870 321 477**



## FOR SALE

### Rise/ Recline Chair

Bought in 2015 and is suitable for a small person ie less than 5' 4" of medium or light build.

Vendor is happy for the chair to be sold for a **donation of £50 to DAG funds.**

Can be delivered locally.

Contact [ianlawson1955@gmail.com](mailto:ianlawson1955@gmail.com)



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**FOR  
SALE**

Advertise your Item for Sale/ Item Wanted.  
We request a donation to DAG of £2.00 per  
month.

**allcare**  
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**UNIT B3, ST. HILDA'S BUSINESS CENTRE,  
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E-mail: [info@allcare.co.uk](mailto:info@allcare.co.uk)

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## SHOPPING & LAUNDRY SERVICES



We collect your list, deliver **your shopping** with your itemised till receipt. We can also unpack and put your shopping away for you. Contact **Paul** on: **01947 604839**.

**Your laundry** will be collected from your home, washed, dried and even ironed. Contact **Eileen** on: **01947 606104**.



**There is a small charge for these services.**

- Have you changed your address?
- Would you like your details to be added to/ removed from our newsletter mailing list?
- Do you have any articles, stories, items wanted/ for sale or information you would like to be included in our newsletter?



**Send the details to the DAG office by the 20th of each month.**

**DON'T FORGET - you can get a PDF version of your newsletter by e-mail. It gets to you more quickly and saves on paper, printing & postage costs for us!**



Make your donations to DAG go further.  
Support us through:

- **Gift Aid (if you are a UK Taxpayer)**
- **Give as You Live**
- **Leaving a Financial Gift in your Will**

**Contact the DAG office for details.**

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